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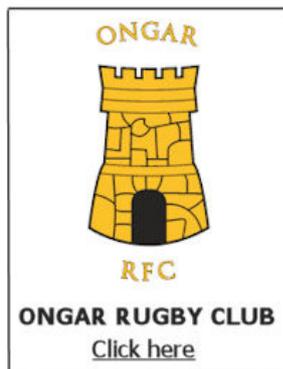


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Sunday, 22 April, 2018

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KARATE: West Hatch student is double world champion

7.51am - 14th December 2017

A YEAR 11 student at West Hatch High School, Chigwell, has returned victorious from various karate competitions around the world - and is now a double world champion. Chris Ashwell won the IKU world championships in Ireland and three gold medals, including the mens team, at the UWK English National Championships. In his most recent competition, the UWK World Championship event in Italy, Chris also came away with an individual gold sealing his success as a double world champion. Chris had to qualify for the UWK World Championships by competing in several national championships. Along the way Chris beat opponents from Romania and Italy as well as England. West Hatch High School headteacher Daniel Leonard said: "We are so proud of Chris for his amazing achievements in becoming a double world champion. "He has worked so hard to get to this point and I am delighted that all his hard work has paid off. "We look forward to following his progress in the future."

RUGBY: MATCH REPORT: Ipswich 33 Epping Upper Clapton 22

3.44pm - 12th September 2017

EPPING Upper Clapton fielded four colts in its starting line-up against Ipswich with two more on the bench. The Suffolk side had a seven point lead with a converted try within the first couple of minutes before Mitch Sinfield crossed for a converted try to level the scores. Clapton then took the lead with Mitch Dins adding a second successful conversion. Ipswich were the quicker to respond after the break levelling the scores however Epping Upper Clapton managed the next two scores with a Mitch Din's penalty followed by a try for debutant Nick Conway. The conversion attempt on this occasion was missed. Clapton held on to the lead until into the last ten minutes despite the home team pulling up to just one point behind with a further try. The last few minutes belonged to Ipswich who pulled ahead to wrap up the victory. A club spokesman said: "As frustrating as it was to come away empty handed, the team can reflect on a good performance from a young developing team. "They will also be heartened to know that some more experienced players will be available this week to add to this squad as they take on Wanstead in the first home fixture of the season."

Team: J. Howat, J. Parkin, N. Trevellion, O. Stokes, L. Edwards, L. Rogers, D. Griggs, M. Sinfield, A. Unstead, M. Din, J. Watson, H. Barker, N. Conway, J. Glass, N. Trower, L. Dobbins, D. Knight, G. Gumuci.

FOOTBALL: Club seeks new players

11.14am - 28th July 2017

EPPING Forest Falcons is a grassroots football club in the Epping Forest district with home pitches in Loughton (for youth) and Chigwell, for its mens team. As a development club, Epping Forest Falcons aims to provide opportunities for youth, including a progression pathway to senior clubs. The club has a progression pyramid, linking to other clubs to help players who are able to move up have somewhere to go and carry on enjoying their development. The team plays in the Echo League and is looking for players in all positions., for its U14s

(Year 8 or Year 9 pupils from September) team.
For more information [click here](#) or ring Shan on 07986 159074.

BOWLS: Club launches new artificial green

9.49am - 15th June 2017

A NEW artificial green is now being used at Bantham and Ongar Bowls Club, thanks to funding from the National Lottery and Sport England. The 'Inspired Facilities' Sport England lottery grant provided the money for the green which was officially opened by Essex County Bowling Association president Mark Cohen. Epping Forest District Council vice-chairman Richard Bassett, and his wife, Epping Mayor Tony Church and North Weald Bassett Parish Council chairman Cyril Hawkins were also present together with Essex County Bowling Association coaching co-ordinator Mike Ferris, president Jean Cobbin and Essex County Women's Bowling Association secretary Jill Polley. Deputy president Byron Davies represented the Brentwood and District Bowling Association while the Harlow Senior Citizens League was represented by George Cook. Guests were treated to an exhibition match between English International Mark Royal, currently ranked 13th in the world, and Keiran Clinton, 21, from Scotland, who has more than ten international caps. Before cutting the ribbon, Mr Cohen spoke about the future of bowls and the relevance of the artificial surface to the modern game. On behalf of the club honorary secretary Sue Czuba thanked all those who had worked to secure the funding, the contractors and those responsible for carrying out the work. She also thanked all those who attended the ceremony. Twelve clubs took part in a triples competition sponsored by Daniel Robinson & Sons funeral directors with hampers presented to the top three teams - Halex Bowls Club (Chingford), Stock and Buttsbury Bowls Club (Stock) and Falcon Bowls Club (Chelmsford). Bantham and Ongar club captain Francis Czuba said: "Our new green played well and both club players and professionals complimented us on the excellence of the playing surface."

FOOTBALL: Club celebrates 20th anniversary

8.41am - 15th June 2017

A CHIGWELL-based football club, which is marking its 20th anniversary, continues to go from strength to strength. Colebrook Royals FC was formed in 1997 on a local park pitch off Colebrook Lane. The club started with two junior boys' teams. It has since twice moved location within the village due to its continuing growth and is now a thriving community hub hosting 32 teams for boys, girls, men and soon ladies. After a spell at the Metropolitan Police sports ground, the club moved to its current base at The Grange, Grange Farm Lane, in 2012 achieving its status as an FA Charter Standard Community Club at the same time. That move has allowed the club to grow rapidly. Colebrook Royals has seen players go on to join the academies of renowned sides across the country. Last year Colebrook's under-13s won a tournament at the Nou Camp, home of Spanish giants Barcelona - while the Under-14s are currently in Portugal playing tournament football at Benfica's Estádio da Luz. Club chairman John Eagleton was recognised by the Daily Mirror's Pride of Sport award in 2015. He said: "This is a significant milestone because we've grown from essentially nothing to a thriving, diverse community hub, providing sporting activity, education and career paths for young people. "Some of the real success stories have been the coaches who have gone on to move into the professional game while it's been invaluable for us as a club to be able to attract some top names from the top level of football in years gone by and for them to pass on their experience and knowledge to our youngsters who want to play football. "We are also especially proud of our thriving girls' section, which has grown year on year. "Girls' football is increasingly popular and we've been lucky to have some fantastic people driving our own progress in this area. "Jacquie Austin initially set up our girls' section and one of her fellow coaches, Louisa Sadlers, is now taking things to an even greater level, having recently secured FA Grow the Game funding to establish our very first ladies' team next season. "We are always striving to grow, develop and expand. "We now want to grow our education programme to provide higher-level qualifications and give our young coaches the experience required for them to go into a career of teaching, coaching and mentoring. "We are now moving into an exciting new era, with newly-appointed secretary Derringer Clarke, whose five years' service in previous roles is helping us to push forward with our plans and projects." Grange Farm centre manager Rob Draper said: "These plans include expanding the existing building at The Grange and installing additional car parking, while we are also exploring the possibility of securing a site for a 3G pitch. "These are clearly exciting times for everyone at the club - here's to the next 20 years!" The club's current home at The Grange was opened in 2012 by Sir Trevor Brooking with a special legends match between Tottenham Hotspur and West Ham United marking the occasion, an event covered by GMTV's Ben Shephard and Sky Sports. The festivities around the 20th anniversary culminated in a celebratory ball at The Grange hosted by former West Ham star and current Sky Sports pundit Tony Gale, along with actor and comedian Terry Alderton. The sold-out event, attended by more than 250 people, also featured music from The Motown Band, featuring Michelle John from TV's The Voice.

FOOTBALL: School lands tour sponsorship deal

2.16pm - 18th May 2017

FOOTBALLERS at King Harold Academy have landed themselves a sponsorship deal ahead of their week-long tour to Barcelona this half-term. The arrangement with Stuart Minchin, of First Class Facilities Management Limited, has secured a donation for tracksuit tops bearing the company's logo. Mr Minchin said: "It is a without doubt a privilege to help the school with a donation to purchase training tops for the up-and-coming trip to Barcelona. "We wish the boys all the best and hope they have an enjoyable trip."

During the trip the boys will experience two days of training with West Ham United coaches and play against other English schools in the School Sports Festival Tournament. They will also visit the Nou Camp, stadium, home to Barcelona, and spend a day at the water park in L'Loiret de Mar.

NETBALL: Double league success for Debden Park

12.22pm - 3rd May 2017

YEAR 9 and under-16 netballers at Debden Park High School are celebrating after winning the District netball league for the second successive time.

The U16 team, who secured their second year sponsorship with local building contractors Gillard early in the season, won the district league undefeated before losing to St Mark's, Harlow, in the play-offs.

Meanwhile the Year 9 team, captained by Ellie Webb, not only retained the district league title but went on to win the play-offs for the second time, this time overcoming Burnt Mill, Harlow.

Head of PE Jen Perry said: "The standard of netball the Debden students have played over the last few years has been excellent. I am always proud of the students' achievements, and their dedication and commitment to their training sessions.

"I am pleased they were able to collect silver and gold medals.

"We are looking forward to the next season already."

FOOTBALL: West Hatch district champions

12.20pm - 3rd May 2017

THE Year 7 footballers at West Hatch High School have been crowned West Essex and Harlow District champions.

West Hatch, unbeaten winners of the Year 7 West Essex League beat Harlow champions Passmores Academy 3-1 in the final which was played at the Metropolitan Police Sports Ground in Chigwell.

Passmores took an early lead but West Hatch equalised shortly before half-time with a goal from Brandon Bryan-Waugh.

With 15 minutes to go substitute Aaron Mbwese put West Hatch 2-1 up with Brandon Bryan-Waugh easing any nerves with the third goal eight minutes from the end.

The victory meant West Hatch were unbeaten in the competition throughout the season.

Head of Boys PE Aaron D'Silva said: "The boys truly deserved their victory and the trophy.

To go unbeaten in any season is a tremendous feat but their willingness to learn this year has been the most satisfying element of the season.

"I am hoping for much of the same in the years to come."

The West Hatch team included Luca Van Wijngaarden, Teddy Keepence Bobby Gardener, Charlie White, Kimarley Hudson (Captain), Tate Windsor, Kaiyan Reeves, Brandon Bryan-Waugh, Tommy Byers, Aaron Mbwese, Jaoao Goncalves and Max Richards.

SWIMMING: West Hatch student crowned county champion

3.13pm - 28th February 2017

YEAR 8 West Hatch High School swimmer Ryan Davis was crowned Essex County Champion in the 200m Freestyle at the Essex County Swimming Championships.

The event was held over three weekends at the London Aquatic Centre and Basildon Sporting Village.

Ryan was also a silver medallist at 1,500m Freestyle and bronze medallist at 100m and 400m Freestyle.

He also achieved six further top ten finishes at other strokes and distances.

His next major competition is the East Region championships, involving swimmers from six counties, at the end of May.

MOTOR RACING: Ben secures team place

10.17am - 25th January 2017

WALTHAM Abbey racing driver Ben Green has been signed by Century Motorsport for the GT4 Supercup 2017 following a successful first year.

Ben started racing in hire karts at Brentwood Karting in 2011 where he spent 18 months before moving on to owner driver racing at Rye House, Buckmore Park and Bayford Meadows.

Racing in the Junior Subaru class in the Kent Cup championship he won his first year in 2013.

A team of drivers entered the Sodi World Series competition, which featured hire kart racing on an international level with the team finishing eighth in the world.

In 2014 Ben and his school team won the BSKC (British Schools Karting Championship).

In 2015 he moved up to the Kickstart Ginetta Junior Championship which featured ten race meetings throughout the year, all of them supporting the British Touring Car Championship. Ben had several top ten finishes.

Last year Ben took the leap into the Ginetta GT4 Supercup series and secured a double podium at Knockhill Racing circuit (third places) and a podium at Donnington Race Circuit (third) helping him to eighth in the Ginetta Cars standings for the year. Ben also competed in his first international race, in the V de V Championships, Estoril, Portugal, with Ginetta Cars and Century Motorsport.

Already this year he took a second place with Century Motorsport at the Dubai 24 Hours. Ben said: "I'm very excited to be committed to racing with Century Motorsport for 2017 in the Ginetta GT4 Supercup.

I have already had success with the team at Estoril and Dubai in the last few months and this has set me up nicely for the season this year.

"A massive thanks goes to Greg McIlwraith, Marshal Monster Sport and all who have helped me as part of Super Green Racing, I wouldn't be in the position I am without the hard work put in by everyone who has been involved in the team over the last four years.

"Now the focus goes towards Brands Hatch where we have the first round of the championship."

Century Motorsport team principal Nathan Freke said: "Ben caught our eye for a while as a very competitive package and that was confirmed when he joined us in Estoril in our Ginetta G57-P2 late last year, but even more so behind the wheel of our podium-finishing Ginetta G55 at the Dubai 24H earlier this month.

"After an incident during the night, we all had to put in qualifying-style laps to get ourselves back up the order and Ben certainly didn't disappoint."

"If we can take this type of pace and consistency into the championship this year, I don't see why we can't challenge for the title."

MOTOR RACING: Endurance success for Ben

6.48pm - 17th January 2017

WALTHAM Abbey racing driver Ben Green helped his Century Motorsport team clinch the runners-up spot in the GT4 race at the 2017 Dubai 24-Hour event.

The race was part of the 24 Hour Endurance Championships at the Dubai Autodrome. Ben, 18, behind the wheel of a Ginetta G55, was joined by Scottish BTCC driver Aiden Moffat, Jack Mitchell and Nathan Freke.

Ben said: "I had a fantastic weekend with Century Motorsport, my second endurance race with the team. "Through all the practice sessions we showed our pace was strong and carried this into the race.

"Contact with another car while leading the race cost us a lot of time but we fought back to recover as much time as possible.

"Both the team and I were very happy and proud of the final result."



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